

PHYSICAL THERAPIST

REVIEWED 09/2021

REPORTS TO:	Director of Therapy Services			
REVISED:	09/2021			
	See current organizational chart for oversight/administrative support information			

PRIMARY FUNCTION:

A physical therapist at Clarinda Regional Health Center will perform patient evaluations, interventions and required documentation in accordance with the facility mission, vision, and values. The physical therapist will promote preventative care through the education of the patient and associated caregivers. The physical therapist will execute all duties in a manner to maintain a clean, safe and organized facility to advance exceptional care.

QUALIFICATIONS:

Education and/or Experience

- Must be a graduate of an accredited School of Physical Therapy with any of the following degrees or combination thereof: BS, MS, MPT, or DPT
- Must pass the National Physical Therapy Examination (NPTE)

Certificates, Licensure, Registrations

- Must possess current Iowa Physical Therapist License
- Basic Life Support (BLS) (or willing to obtain within CRHC policy).
- Mandatory Reporter of Iowa Certificates (Dependent Adult and Child Abuse) (or willing to obtain within CRHC policy).

Essential Job Duties and Responsibilities

- Provides skilled physical therapy treatment plans in accordance with provider orders and by assessing and interpreting evaluations and test results of patients.
 - Develop and implement individualized therapy programs designed to restore, reinforce, and enhance performance
 - Assures continuation of therapeutic plan following discharge by designing home exercise programs; instructing patients, recommending and/or providing assistive equipment; recommending follow-up programs.
 - Promptly and thoroughly documents and maintains clinical and administrative records regarding patient limitations/interventions, treatments, responses, and progress to administered therapy as well as discharge summaries.
 - Maintain patient records confidentially.
 - Records treatment charges daily and completes charges in accurate and timely manner.

Essential Job Duties and Responsibilities

- Supervise physical therapist assistants, provisional licensees, students, and support personnel in accordance with state licensure requirements and professional standards
- Performs modalities with patients in accordance with department policies and monitors patient response throughout duration of treatment.
- Complies with the Iowa State Physical Therapy Act, codes and regulations.
- Identify need for and make referral to other disciplines to address the comprehensive needs of the patient
- Assist with scheduling and/or answering phone calls as needed
- 2. Promotes and ensures patient safety in performance of all responsibilities.
 - Alerts Director of therapy services or maintenance staff of any possible safety hazards in department.
 - Demonstrates safe proficient use of all rehabilitation equipment.
- 3. Communicates effectively.
 - Communicate with other healthcare providers involved with the patient's care to ensure comprehensive patient care
 - Follows approved shift report format when communicating patient information.
 - Identifies and recognizes abnormal symptoms/changes in patient condition, established priorities, and takes appropriate action. Appropriately reports condition changes to medical provider.
- 4. Promotes and ensures patient safety in performance of all responsibilities.
 - Demonstrates proficient technical/clinical skills and operational knowledge of equipment on unit.
 - Utilizes proper body mechanics, transfer/lifting techniques and appropriate equipment to minimize fall risk to patient and injury to self.
- 5. Presents self in a professional manner and enhances professional growth and development through participation in education programs, current literature, in-service meetings and workshops.
 - Seeks opportunities for continued growth and performance improvement.
 - Always maintains a professional appearance and manner.
 - Dependable and completes work in a timely manner.

Demonstrates an understanding and emphasis on quantity, quality and knowledge of duties and tasks.

Essential Job Duties and Responsibilities

- 6. Participates in CRHC'S Quality program, committees, performance and quality improvement initiatives, and activities which support the facility and department operations.
 - Demonstrates a commitment to the practices of Quality Improvement (QI).
 - Regularly attends Department huddles

Completes tasks as outlined on Department Huddle Board

7. Performs other duties as assigned.

ESSENTIAL Work Environment & Physical Requirements:

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

Physical Activity	Not Applicable	Occasionally (0-35% of day)	Frequent (36-66% of day)	Continuous (67-100% of day)
Sitting			X	
Standing		X		
Walking		X		
Climbing	Х			
Driving		X		
Lifting (floor to waist level)		40 lbs.	50 lbs.	10 lbs.
Lifting (waist level and		40 lbs.	50 lbs.	10 lbs.
above)				
Lifting (shoulder level and		40 lbs.	50 lbs.	10 lbs.
above)				
Carrying objects			Х	
Push/pull		200 lbs.	150 lbs.	10 lbs.
Twisting		X		
Bending		X		
Reaching forward			Х	
Reaching overhead		Х		
Squat/kneel/crawl		Х		
Wrist position deviation				Х
Pinching/fine motor				V
activities				Х
Keyboard use/repetitive motion				х

Sensory Requirements Not Applicable Accurate 20/40 Very Accurate 20	0/20
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Near Vision		Х	
Far Vision		X	
Color Discrimination	Х		
Depth Perception		Х	
Hearing		Х	

Environment Requirements	Not Anticipated	Reasonably
Occupational Exposure Risk Potential		Anticipated
Bloodborne Pathogens		Х
Chemical		Х
Airborne Communicable Disease		Х
Extreme Temperatures	Х	
Radiation	X	
Uneven Surfaces or Elevations	X	
Extreme Noise Levels	Х	
Dust/Particulate Matter		Х
Other (List)		

Shift Requirements	8 hrs/day	10 hrs/day	12 hrs/day	Other (varied)
Usual workday hours	Х	Х		
Regular, punctual attendance for assigned shifts	Yes			
Available to work overtime	Yes			

APPLICANT ESSENTIAL FUNCTION FORM

Name (please print):			
Position Applied For:		Date:	
•	are applying and answ	es Act, we are requesting that er the following question. If y Resources.	
Can you perform the ess accommodations?	ential functions of the	position with or without reas	onable
	YES	NO	
Signature [.]			